



# ACCESS SUCCESS

Access: (n.) a means of approaching

Success: (n.) the accomplishment of an aim or purpose

November 4, 2024

Welcome to **AccessSuccess**,  
the Official Newsletter of the  
Montana's Own, 1893, and Return-to-Learn  
Scholars Programs.

## Do Your Part to Make Sure Every Day is EARTH DAY!

You - yes YOU - can make a difference in keeping your family, friends, and community as green as can be.

A great place to start is right here at MSU! [Sustainability Now](#) is an MSU student led organization that works to systematically unify the student voice behind climate change and local sustainability. They facilitate student service, promote education, and spark activism for environmental and social justice. Read more and contact them through their [CatsConnect page](#).



## Top 10 Ways to Live a More Sustainable Life

### 1. Turn off the faucet

The average American household uses 300 gallons of water daily.<sup>1</sup>



### 2. Invest in ENERGY STAR appliances

For example, an ENERGY STAR washing machine costs \$143 less to run annually than an older model.<sup>2</sup>



### 3. Cut back on single-use plastics

Each year, 150 million tons of single-use plastics are produced worldwide.<sup>3</sup>



### 4. Recycle the right way

Wash and dry cans and containers before tossing them in the recycling bin. Food can contaminate an entire bin and render it unrecyclable.



### 5. Upcycle

Look for creative ways to use old things. For example, yesterday's T-shirts can become today's cleaning rags.



### 6. Take steps to reduce food waste

40% of all food is wasted in the U.S., so aim to use your leftovers, freeze excess ingredients and shop smarter.<sup>4</sup>



### 7. Eat local whenever possible

Food that doesn't need to travel takes less energy to get to your plate.



### 8. Eat more meatless meals

It takes more than three times the water to produce a pound of beef as it does a pound of dried beans.



### 9. Shop smarter

Only buy clothing if you anticipate wearing the item a minimum of 30 times.



### 10. Drive less

A typical vehicle emits 4.6 metric tons of carbon emissions annually.<sup>5</sup>



<sup>1</sup>EPA, <sup>2</sup>EPA, <sup>3</sup>NRDC, <sup>4</sup>Feeding America, <sup>5</sup>EPA

You can also join with other students, staff, faculty and community members in all the opportunities offered through the [MSU Office of Sustainability](#).

**Another way to go - and stay - GREEN is to understand your individual Carbon Footprint and how some small things that you are probably already doing can make a big difference.**

Check out these online resources and get started making a difference TODAY!

[Carbon Footprint Calculator](#) from The Nature Conservancy - Individual actions make up a significant portion of the overall carbon footprint, especially in high income countries like the US. This calculator helps people identify ways they can reduce that footprint.

[The 35 Easiest Ways to Reduce Your Carbon Footprint](#) from State of the Planet- An extensive list of relatively easy to accomplish goals to reduce individual carbon footprint. It even has a few items on the list that are included in this week's Instant Winner, like the reusable bags.

[10 Easy Ways to Lower Your Student Carbon Footprint](#)

[How to Reduce Your Carbon Footprint](#)

CO<sub>2</sub> **LOW CARBON LIFESTYLE**

Easy ways to reduce your carbon footprint:

<b>PUBLIC TRANSPORT</b>	<b>WALK &amp; BIKE</b>	
<b>CARPOL</b>	<b>FLY LESS</b>	<b>REUSABLE BAG</b>
<b>DON'T BUY PACKAGED FOOD</b>	<b>DON'T SPEED</b>	<b>LED BULBS</b>
<b>UNPLUG DEVICES</b>	<b>SLOW FASHION</b>	<b>DON'T WASTE FOOD</b>
<b>MINIMALISM</b>	<b>PLANT-BASED DIET</b>	
<b>COMPOST</b>	<b>INSULATE YOUR HOME</b>	<b>GROW YOUR OWN FOOD</b>
<b>BUY LOCALLY</b>	<b>TURN LIGHTS &amp; TAP OFF</b>	
<b>TAKE QUICK, COLD SHOWERS</b>	<b>DON'T PUT HOT FOOD IN THE FRIDGE</b>	
<b>BOIL ONLY WATER YOU NEED</b>	<b>DRY CLOTHES NATURALLY</b>	<b>KEEP IT ON THE SCREEN</b>

[WWW.TERRAMOVEMENT.COM](http://WWW.TERRAMOVEMENT.COM)



**!!!! INSTANT WINNER !!!!**

Scan the QR code to see if you are one of TEN instant winners of a sustainability goodie bag (featuring a reusable grocery bag, silicone food storage bag, and other goodies)!



# How Are You Paying for School Next Fall?

Don't leave money on the table! Create your application in [Cat Scholarships](#) TODAY and make yourself eligible for for hundreds of MSU Scholarships!

[The FAFSA](#) (Federal Application for Student Aid) form should be available around the first week of December. Mark your calendar to apply

**Have questions or want to explore more funding options?**

**Click here to make an  
appointment with the  
office of financial education.**

# Cat Scholarships

2025-26 **now open**

[montana.academicworks.com](https://montana.academicworks.com)

**Help pay for  
college expenses.**

One easily accessed portal to  
manage general and college specific  
applications offered at MSU.

**Priority date: February 1**

**Apply now**



FUTURE AHEAD

## What's Goin' On?

*Your Bi-Weekly Roundup of Outstanding Events!*

### Concentric Info Session

**Wednesday, November 6 1pm-2pm**

**SUB Procrastinator Theater or Virtual**

Learn about exciting careers in the private security industry! This session will explore diverse roles in intelligence, from open-source and geopolitical analysis to threat assessment and management. Also covered are executive protection, close protection, and other physical security roles, highlighting what it takes to succeed.

Career Opportunities for

ALL MAJORS!

[Get more Info here!](#)

# MONTANA STATE UNIVERSITY GRAD FAIR

NOV. 8, 12, 13 & 14

[montana.edu/gradfair](https://montana.edu/gradfair)

## Considering graduate school?

Discover The Graduate School at Montana State University. Learn about programs, get answers to your questions, and receive helpful suggestions to ensure your application process goes smoothly.

### Connect with Faculty and Support Staff

Learn more about your program of interest while meeting prospective grad school advisors.

### Hear from Various Departments

Our info sessions will cover topics like funding, statements of purpose, how to secure effective reference writers, and so much more.

### Learn How to Apply

View tips and tricks about our application process on our website before you attend our Grad Fair. We can help make your applications shine!

#### In-Person Fair

Join us  
**Nov. 12**

SUB Ballroom A

9 to 11 am: Info sessions  
11 to 1 pm: Grad Fair booths

#### Virtual Fair, U.S. Students

Join our virtual grad fair  
**Nov. 13**

12 to 2 pm

[montana.edu/gradfair](https://montana.edu/gradfair)

#### International Students

Join our virtual grad fair  
**Nov. 8 or 14**

8 am MST, 12 pm MST,  
or 4 pm MST

[montana.edu/gradfair](https://montana.edu/gradfair)



Connect with us!

Scholarships 101

Tuesday, November 5 12pm-1pm, SUB 168 or [Join Online](#)

Personal Values and Principles Exploration Workshop

Tuesday, November 12 1pm-2pm, SUB 235

[Register Here!](#)

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# The Questionnaire

SUCCESS  
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We want to feature YOU in upcoming newsletters!

Answer all NEW questions this semester!

[Answer the Questionnaire](#)

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Irakoze Peace

Business Management

*Return-to-Learn Scholars Program*



**What do you consider your greatest achievement?** I think my greatest achievement was moving out of my home town and living on my



own.  
**What talent would you most like to have?** I wish I could sing.

**What book or show are you bingeing right now?** I am binge watching *How I Met Your Mother* right now.

**What is the biggest misconception people have about your major?** I haven't heard any misconception.

**What quality do you value most in your friends?** I value their kindness and free spirit.

**What is one thing that you'd like to do to change Montana?** I would like there to be more authentic foods stores so I could make food from different cultures and not have a hard time accessing the right ingredients.

**If you had one piece of advice for MSU students, what would it be?** Get out of your comfort zone.

**What do you consider your greatest achievement?** Building a life for myself and overcoming every obstacle that tried to stop me!

**What talent would you most like to have?** A better understanding of mathematics.

**What book or show are you bingeing right now?** *Lost*.

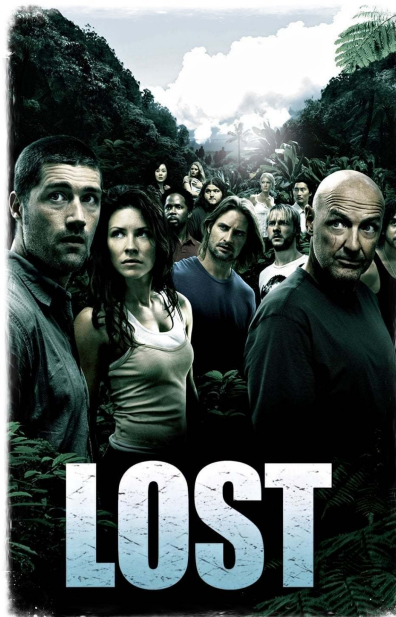
**What is the biggest misconception people have about your major?** That I want to become a game warden.

**What quality do you value most in your friends?** Compassion

**What is one thing that you'd like to do to change Montana?** Slow down population growth and deter urban sprawl.

**If you had one piece of advice for MSU students, what would it be?** Take advantage of the world you're in, but don't forget to give back to it!

**Quealey Carpenter**  
**Fish & Wildlife Ecology  
and Management**  
*Return-to-Learn Scholars Program*



**Patrick Olsen**  
**Human Development and  
Family Science**  
*Return-to-Learn Scholars Program*



**What do you consider your greatest achievement?** I'm now dating a streamer I was a fan of.

**What talent would you most like to have?** Drawing. I'm not artistic.

**What book or show are you bingeing right now?** *Columbo*. I love Peter Falk, and I'm surprised I haven't binged this show earlier.

**What is the biggest misconception people have about your major?** That we're hyper liberal people who want to replace cops. There are a lot of conservative HDFS Scholars who want to collaborate with cops.

**What quality do you value most in your friends?** Open-mindedness.

**What is one thing that you'd like to do to change Montana?** More mental health resources.

**If you had one piece of advice for MSU students, what would it be?** Make use of ALL the resources available to you.

**Asking for help is one of the smartest things a student can do!  
Your Scholar Program has amazing resources - use them soon and often.**



**All Scholars have free tutoring through Smarty Cats Tutoring**

[Book your tutor today.](#)

**Your Scholar Program Success Team is Here to Visit With You Any Time**

\* [Email Jen](#) at Return-to-Learn or [make an appointment with her.](#)

\* [Email Monica](#) at Montana's Own and 1893 or [make an appointment with her.](#)

\* [Email Deb](#) at Montana's Own, 1893 or Return-to-Learn or [make an appointment with her.](#)

\* [Email Zak](#) at Montana's Own, 1893 or Return-to-Learn or make an appointment with him for [Return-to-Learn](#) or [1893/Montana's Own](#).

**New events and opportunities are always being added to the calendar - check it often!**

[See the Events Calendar](#)

**Access Success back issues are now online!**

[See the Newsletter Archive](#)

Allen Yarnell Center for Student Success | 177 Strand Union Building | 406.994.7627

[1893 Scholars Program](#)

[Montana's Own Scholars Program](#)

[Return-to-Learn Scholars Program](#)

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